

SEPTEMBER 9 - 11, 2016  SAN RAFAEL, CA



THE DANCE OF TRANSFERENCE &
COUNTERTRANSFERENCE IN TRAUMA WORK:
ADVANCED CLINICAL TRAINING IN ACTION

KATE HUDGINS, PhD, TEP & SYLVIA ISRAEL, LMFT, TEP

Many practitioners find it an intense experience to work with trauma survivors due to unbridled transference and countertransference that derails them from the leadership role. This experiential workshop helps you identify your own countertransference that gets triggered by stories of horror, terror, rage and despair. Some defenses may be denial, minimization, over-identification, and role reciprocity as you're pulled into the dance of trauma. Observing your projections in action creates a mirror for you to develop new skills in both professional and personal roles.

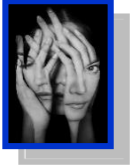
Regaining your Appropriate Authority, you then mirror for clients their transferences onto you as good/bad mother or father, et al. You'll learn the 'asocial response', interrupting the cycle of projecting the past into current relationships, along with other action methods to diffuse and work through transferences onto yourself and other group members. Using TSM in practice cases you will learn action interventions for self and group members that will keep your group healthy and high-functioning.

This is a stand-alone workshop with immediately useable skills, or a part of the training modules for TSI's International Certification in Trauma Therapy using the Therapeutic Spiral Model (TSM). It is appropriate for medical & psychotherapeutic clinicians, educators, community workers and any experiential psychotherapists who work with trauma. [Click here](#) for further workshop descriptions, learning objectives, CEUs, and national certification hours in psychodrama.

DATES/TIMES: Friday-Saturday, 9/ 9 & 10, 10am-6pm; Sunday, 9/11, 10am-4pm. **VENUE:** IMAGINE! Center for Creativity & Healing, San Rafael, CA. **FEE: \$600.** Send \$100 deposit to TSI, 1460 Stoney Creek Drive, Charlottesville, VA 22902. **\$550** Early bird fee in full before 7/9/2016. *Please contact Kate for payment by credit card.* No refunds after 8/9/16. **CEUS** for Psychologists, Nurses, LMFT, LCSW, LPCC, LEP; Additional fee applies. **INFORMATION & REGISTRATION:** Kate Hudgins, drkatetsi@mac.com.

Kate Hudgins, PhD, TEP, is an internationally recognized expert on Post-Traumatic Stress Disorder. She developed the research-supported Therapeutic Spiral Model™ (TSM) to treat PTSD, demonstrating that experiential approaches create immediate change and new learning for those suffering various stages of breakdown, subsequent to overwhelming traumatic events. Kate has taught and worked internationally for over 20 years and is a published author and recipient of numerous awards. www.drkatehudgins.com.

Sylvia Israel, LMFT (mfc #31245), TEP, RDT/BCT is a founding member of Bay Area Moreno Institute providing Psychodrama Training. She is a Trainer in the Therapeutic Spiral Model and has taught about PTSD and Action Methods at CA Institute of Integral Studies (CIIS), JFK University, and other graduate programs. Sylvia is on the faculty at CIIS and Kansas State University and maintains a private psychotherapy and psychodrama practice in Marin and San Francisco. For accommodations and more info, please visit www.BayAreaMorenoInstitute.com.



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WORKSHOP INFORMATION

CONTINUING EDUCATION: Certificates will be distributed upon completion.

- This Course meets the qualification for 20 hours of CEUs for LMFT, LCSW, LPCC, LEP as required by the CA Association of Marriage and Family Therapists, Sylvia Israel provider #129230.
- CEUs for Psychologists (Spiritual Competency Resource Center [SCRC] through American Psychological Association), and Nurses (SCRC, BRN Provider CEP11909). Questions: www.spiritualcompetency.com or contact David Lukoff, Ph.D.: david.lukoff@gmail.com.
- Hours for Drama Therapy (NADTA); Psychodrama (American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy).

PROGRAM GOALS: The overall workshop goal is for participants to incorporate safe, therapeutic action methods drawn from TSM Psychodrama into their work with individuals, couples and groups who have suffered trauma. These methods include learning how to:

- provide a safe emotional and physical working space; use action techniques and structures to identify and disrupt dysfunctional patterns of transference and countertransference, and incorporate positive actions and interactions to balance those that were removed.

LEARNING OBJECTIVES: As part of group process and building sociometric connections, this workshop will provide space and time for participants to list and share their own specific goals or objectives.

Participants will learn through action and practice to:

- Utilize TSM Action Safety Structures to develop group cohesion and safety
- List defenses therapists experience when working with trauma survivors
- Assess the interplay of the therapeutic alliance and its disruptions
- Identify patterns of countertransference from your own personal issues
- Identify your defenses to the clients' difficult stories
- Explain mirroring as an action intervention
- Apply the action tool of mirroring the clients' transferences back to them through role play
- Describe the asocial response (Kiesler, 1982)
- Use the asocial response with other group members
- Identify specific steps to mark progress in personal trauma repair, if applicable
- Give examples of skills you can utilize to self-regulate during session
- Apply at least 3 TSM action interventions to your work with trauma survivors
- Utilize additional tools for professional resilience when working with trauma survivors

ACCOMMODATIONS: Facilities and programs are accessible to persons with disabilities. If you have a special need and plan to attend the workshop, please contact Sylvia Israel at 415-454-7308. Please allow as much advance notice as is possible to ensure we have ample opportunity to meet your needs.

GRIEVANCES: If you have questions or concerns, contact Sylvia Israel at 415-454-7308 or 1924 Fourth Street, San Rafael, CA 94901, or visit www.bayareamorenoinstitute.com/ceu-provider.